

Jamieson's TAKE

SINGAPOREANS NOT GETTING ENOUGH SLEEP

ACCORDING TO A SURVEY, 44 PER CENT OF SINGAPOREANS ARE GETTING LESS THAN SEVEN HOURS OF SLEEP A NIGHT...



AND A FEW GET NINE TO 10 HOURS OF SLEEP, AND A LUCKY 1 PER CENT CLAIMED TO BE GETTING MORE THAN 10 HOURS OF SLEEP! WOW! WHO SLEEPS MORE THAN 10 HOURS?! CRAZY, HUH?!

