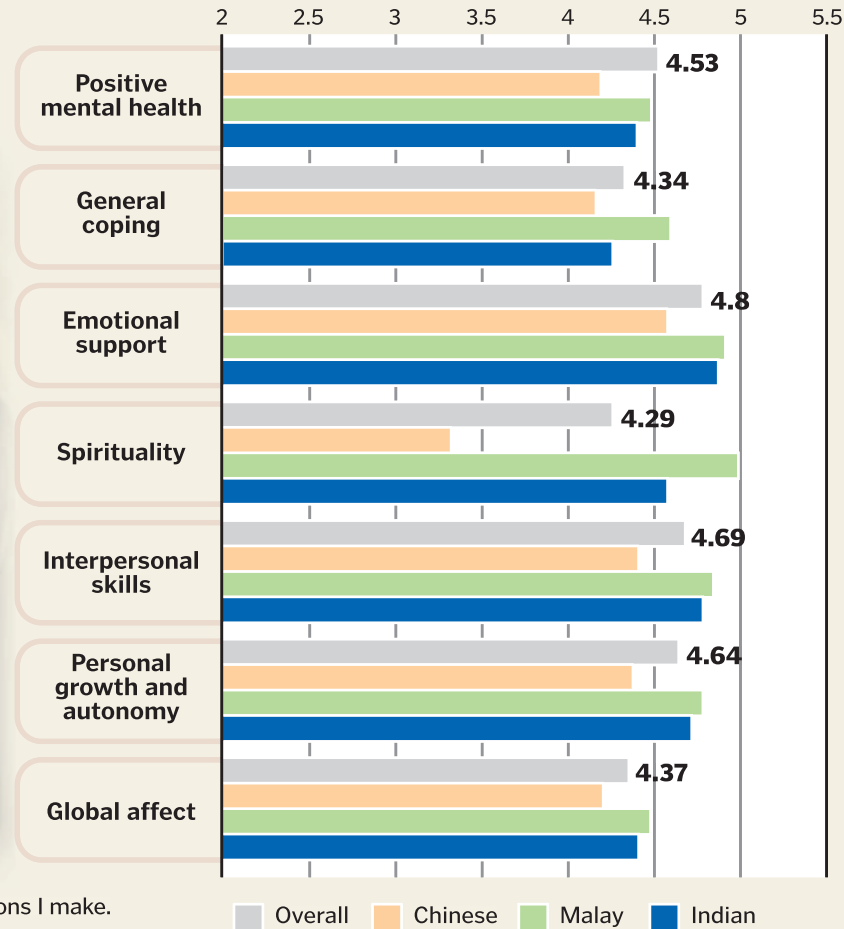


# POSITIVE FEELINGS

Survey respondents were asked to rate, on a scale of one to six, with six being the highest, how much they identified with certain statements. The survey results are not representative of the Singapore population.



**General coping:** When I feel stressed I try to relax.

**Emotional support:** I have a close family.

**Spirituality:** I gain spiritual strength by trusting in a higher power.

**Interpersonal skills:** I try to be patient with people.

**Personal growth and autonomy:** I have confidence in the decisions I make.

**Global affect:** How often in the past four weeks have I felt happy.