

# How NTUC co-ops help fight inflation

The National Trades Union Congress yesterday detailed the contributions of its 12 cooperatives. Here is a sampling of how they are helping workers cope with rising living costs.

## THE ELDERLY

- » Special discounts for senior citizens at NTUC FairPrice supermarkets and NTUC Healthcare's pharmacy stores on Tuesdays
- » Those from low-income families get a \$220 monthly subsidy to attend programmes run by NTUC Eldercare's day-care centres



## MOTHERS

- » \$800,000 worth of education subsidies disbursed to more than 470 preschoolers from low-income families
- » Fees charged by NTUC Childcare typically lower than those of other commercial providers

## THE LOW-INCOME

- » 10,000 family recreation vouchers given out by NTUC Club to low-wage union members, for use at Downtown East
- » Health screening at community centres for as low as \$2, provided by NTUC Healthcare together with the Health Promotion Board and the PAP Community Foundation
- » Premiums for basic insurance plans as low as \$1 a month for casual and contract workers



## GENERAL

### Health care

- » Discounts of between 10 and 20 per cent on products such as vitamins and health supplements, at NTUC Healthcare pharmacy stores, from next month till July

### Food/necessities

- » 5 per cent discount on 500 essential housebrand items at NTUC FairPrice supermarkets, until July
- » Affordable breakfasts at all NTUC Foodfare outlets, with bread-and-egg sets going for \$1.40 and a cup of coffee costing between \$0.70 and \$0.90

### Insurance

- » Affordable premiums for health-insurance plans, such as IncomeShield

