

1970s



SEA Games

The 1973 Singapore Games was a breakthrough. The Republic won an unprecedented number of medals – six golds, 16 silvers, eight bronzes.

Heather Merican (100m hurdles, 200m hurdles), Eng Chiew Guay (100m) and Noor Azhar Hamid (high jump) were some of those who struck gold.

The six-gold haul was never surpassed in the 70s. The athletes bagged 2-12-7 in 1971, 5-6-3 in 1975, 3-3-5 in 1977 and 2-5-3 in 1979.

18 golds

Asian Games

C. Kunalan won two bronzes (100m and 200m) in 1970. The women's 4x100m relay team also won silver.

Chee Swee Lee (above) was the star in 1974, grabbing gold in the 400m.

The men's and women's 4x100m relay team won bronzes. Singapore have yet to win an Asiad athletics medal since.

1 gold

Face of the Decade

Too many to pick out. C. Kunalan (below), Glory Barnabas, Heather Merican and Chee Swee Lee can all lay claim to the title.



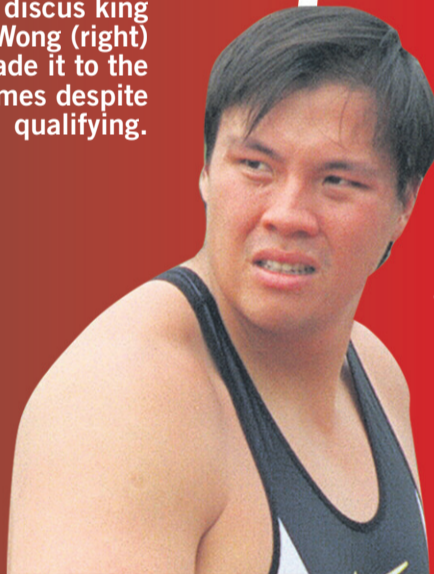
1980/90s

Manila'81 was the first time Singapore failed to win gold in athletics at the Asean level. They returned with a silver and six bronzes.

Marathoner K. Jayamani won gold in the 1983 Games in Singapore, the Republic's last track gold. The emergence of thrower James Wong broke a 10-year dry spell in 1993 with his win in the discus. He bagged the discus titles in 1995, 1997 and 1999 as well, while adding the hammer gold in 1997.

6 golds,
5 of them by James Wong.

Asean discus king James Wong (right) never made it to the Asian Games despite qualifying.



Marathoner K. Jayamani (right) was the last track gold medallist for Singapore in 1983. It was another 10 years before the Republic would bag another title, through James Wong.



2000s

The arrival of China-born throwers Zhang Guirong, Du Xianhui, Dong Enxin (right) complemented Wong as Singapore dominated the throw events.

9 golds,
all from the throwers.

Singapore have sent only two athletes to the Asiad this decade – sprinter UK Shyam in 2002 and high jumper Michelle Sng in 2006. She failed to better her own national record.



China-born throwers Zhang Guirong (below) and Du Xianhui have amassed 11 SEA Games medals between themselves – five of them gold.

Zhang won Singapore's athletics medals, a gold from shot put and a bronze in discus, in Thailand last month.

